



FOREST SCHOOL

What is Forest School?

Forest school allows children to build their self esteem and independence through exploring and experiencing the natural world. It is a weekly programme (delivered by a trained leader) which will develop and change to meet the needs of the children in the group. It gives children time and space to develop skills, interests and understanding through practical, hands-on real life experiences.

Where will my child go?

Each weekly session will either take place within the school grounds, in our developing Forest School area, or in Devonport Park. Each site will be risk assessed and checked prior to each session. Forest School will run all year round and in all weathers (unless weather conditions are dangerous). Children will need to bring old warm clothes, a waterproof coat and either willies/old shoes or sun hat/sunscreen.

What will my child be doing?

The Forest School routine varies depending on the site. Possible activities may include:

- Hunting for mini beasts
- Natural crafts – collages/dream catchers/forest friends
- Mud sculptures
- Den building/knot tying/tree climbing
- Using tools - making picture frames/using saws and loppers
- Fire building and cooking on the fire
- Team building games

Parents are welcome to join us for Forest school sessions.

If you have any questions about Forest School please speak to Mrs Beard.(Year 2 teacher /Forest School leader)