### RSHE Long Term Planning 2021-2026

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Anti- Bullying Week (Autumn 2)

Safety Week (Summer 1) - Fire Brigade visits, Road Safety, Sun Safety, Railway Safety - Train Network, Water Safety.

Healthy Body/Healthy Mind Week & Sex Ed Year 6 (Summer 2)

CAPUK/NSPCC - Speak Out Stay Safe/PANTS Rule (Autumn 1)

Online Safety – Computing (Autumn Term 1)

2021-22	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Reception/Year 1	Who is special to us?(1)	What is the same and different about us?(1)	What helps us stay healthy?(1)	What can we do with money?(1)	Who helps to keep us safe?(1)	How can we look after each other and the world?(1)
Year 1/2	What helps us stay healthy?(1)	What is the same and different about us?(1)	Who is special to us?(1)	What can we do with money?(1)	Who helps to keep us safe?(1)	How can we look after each other and the world?(1)
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4/5	What strengths, skills and interests do we have?(4)	How do we treat each other with respect?(4)	How can our choices make a difference to others and the environment?(4)	How will we grow and change?(4)	How can we manage our feelings?(4)	How can we manage risk in different places?(4)
Year 5/6	How can we keep healthy as we grow?(6)		How can the media influence people?(6)		What will change as we become more independent?(6)	

2022-23	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Reception/Year 1	Who is special to us?(1)	What is the same and different about us?(1)	What can we do with money?(1)	Who helps to keep us safe?(1)	What helps us stay healthy?(1)	How can we look after each other and the world?(1)
Year 1/2	What helps us to stay safe?(2)	What is bullying?(2)	What jobs do people do?(2)	What makes a good friend?(2)	What helps us grow and stay healthy?(2)	How do we recognise our feelings?(2)
Year 3/4	What helps us to stay safe?(2)	What is bullying?(2)	What jobs do people do?(2)	What makes a good friend?(2)	What helps us grow and stay healthy?(2)	How do we recognise our feelings?(2)
Year 4/5	What makes a person's identity? (Y5)	How do we treat each other with respect?(4)	What decisions can people make with money?(5)	How can we help in an accident or emergency?(5)	How can drugs common to everyday life affect health? (5)	How we change as we grow (4)
Year 6	What makes a person's identity? (Y5)  How does the media influence people? (6)	How do friendships change and grow? (6)	How can we help in an accident or emergency?(5)	How can drugs common to everyday life affect health? (5) How can we keep healthy as we grow?(6)	What decisions can people make with money?(5)	What jobs would we like?(5)

Relationships Livi			ring in the Wider World		Health & We	Health & Wellbeing	
2023-24	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2	
Reception/Year 1	Who is special to us?(1)	What is the same and different about us?(1)	What helps us stay healthy?(1)	What can we do wit money?(1)	h Who helps to keep us safe?(1)	How can we look after each other and the world?(1)	
Year 1/2	Who is special to us?(1)	What is the same and different about us?(1)	What helps us stay healthy?(1)	What can we do wit money?(1)	h Who helps to keep us safe?(1)	How can we look after each other and the world?(1)	
Year 3/4	How can we be a good friend?(3)	What keeps us safe?(3)	What are families like?(3)	What makes a community?(3)	Why should we eat well and look after our teeth?(3)	Why should we keep active and sleep well?(3)	
Year 4/5	What strengths, skills and interests do we have?(4)	How do we treat each other with respect?(4)	How can our choices make a difference to others and the environment?(4)	How will we grow ar change?(4)	d How can we manage our feelings?(4)	How can we manage risk in different places?(4)	
Year 5/6	How can we keep he	althy as we grow?(6)	How can the media influence people?(6		What will change as we become more independent?(6)		

Rel	ationships	Liv	Living in the Wider World			Health & Wellbeing	
2024-25	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2	
Reception/Year 1	Who is special to us?(1)	What is the same and different about us?(1)	What can we do with money?(1)	Who helps to keep safe?(1)	us What helps us stay healthy?(1)	How can we look after each other and the world?(1)	
Year 1/2	What helps us to stay safe?(2)	What is bullying?(2)	What jobs do people do?(2)	What makes a good friend?(2)	od What helps us grow and stay healthy?(2)	How do we recognise our feelings?(2)	
Year 3/4	What helps us to stay safe?(2)	What is bullying?(2)	What jobs do people do?(2)	What makes a goo friend?(2)	od What helps us grow and stay healthy?(2)	How do we recognise our feelings?(2)	
Year 4/5	What makes a person's identity? (Y5)	How do we treat each other with respect?(4)	What decisions can people make with money?(5)	How can we help i an accident or emergency?(5)	in How can drugs common to everyday life affect health? (5)	How we change as we grow (4)	
Year 6	What makes a person's identity? (Y5)  How does the media influence people? (6)	How do friendships change and grow? (6)	How can we help in an accident or emergency?(5)	How can drugs common to everyday life affe health? (5) How can we kee healthy as we grow?(6)	people make with money?(5)	What jobs would we like?(5)	

Rel	ationships	Li	ving in the Wider Wo	rld	Health & Wellbeing	
2025-26	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Reception/Year 1	Who is special to us?(1)	What is the same and different about us?(1)	What helps us stay healthy?(1)	What can we do with money?(1)	Who helps to keep us safe?(1)	How can we look after each other and the world?(1)
Year 1/2	Who is special to us?(1)	What is the same and different about us?(1)	What helps us stay healthy?(1)	What can we do with money?(1)	Who helps to keep us safe?(1)	How can we look after each other and the world?(1)
Year 3/4	How can we be a good friend?(3)	What keeps us safe?(3)	What are families like?(3)	What makes a community?(3)	Why should we eat well and look after our teeth?(3)	Why should we keep active and sleep well?(3)
Year 4/5	What strengths, skills and interests do we have?(4)	How do we treat each other with respect?(4)	How can our choices make a difference to others and the environment?(4)	How will we grow and change?(4)	How can we manage our feelings?(4)	How can we manage risk in different places?(4)
Year 5/6	How can we keep he	althy as we grow?(6)	How can the media	influence people?(6)	<del>-</del>	s we become more dent?(6)